



Office of the Principal & Dean Faculty of AYUSH

Ref. No. Not-810

Dated: 4th April 2026

ACADEMIC YEAR: 2025-26

TIME TABLE

CLASS: 2nd year

TIME	MON	TUE	WED	THU	FRI	SAT
08.00 - 09.00 AM	Yoga Practical (Dr. Abhijith K.b.)	Yoga Kriya (Dr. Anilka)	Yoga Practical (Dr. Abhijith K.b.)	Yoga Practical (Dr. Abhijith K.b.)	Yoga Practical (Dr. Abhijith K.b.)	Microbiology (Dr. Monika)
09:00 - 9:30 AM						Mentor-Mentee Meeting
09:30-10:00 AM	Time for Breakfast, Changing of dress, and Newspaper reading					
10.00 - 11.00 AM	Pathology (Dr. Anshi)	Pathology (SMC)	Microbiology (Dr. Monika)	CTMT Theory (Dr. Annu)	Pathology (SMC)	Pathology/Community Medicine/ Microbiology Practical (SMC)
11.00 - 12.00 PM	Community Medicine (Dr. Simran)	Community Medicine (SMC)	Pathology OSCE/OSPE (Dr. Anshi)	Pathology (Dr. Anshi)	CTMT Practical (Dr. Annu)	
12.00 - 1.00 PM	Microbiology (Dr. Monika)	OSCE/OSPE CTMT (Dr. Annu)	Community Medicine (SMC)	Personality development/Library (Dr. Annu)		
1.00 - 2.00 PM	LUNCH					
2.00 - 3.00 PM	OSCE/OSPE Yoga Philosophy (Dr. Anilka)	Community Medicine (Dr. Simran)	Microbiology (Paramedical)	Yoga Philosophy (Dr. Anilka)	Microbiology (Paramedical)	
3.00 - 4.00 PM		OSCE/OSPE Microbiology (Dr. Monika)	(Dr. Annu) CTMT Theory	Community Medicine (Dr. Simran)	Yoga Philosophy (Dr. Anilka)	

Note: The break will be provided for 30 min. from 9:30 to 10:00 AM, except on Saturday.
OSCE: Objective Structured Clinical Examination/ OSPE: Objective Structured Practical Examination
CLASS COORDINATOR: DR. ANNU, Assistant Professor, MASCHINYS
Batch A - Community Medicine (01 - 41), Batch B - Pathology (42 - 82), Batch C - Microbiology (83 - 124).